



## Your Dollars at Work at Alzheimer & Parkinson Association of IRC

We are proud to say that we are the only local comprehensive resource center in Indian River County that serves residents struggling with Alzheimer's and Parkinson's diseases.

This past year the lives of thousands of individuals who are grappling with Alzheimer's or Parkinson's or other related neurodegenerative disorders have been helped by the programs and support offered locally through the Alzheimer & Parkinson Association of IRC.

We are dedicated to making sure that the families who walk through our doors never feel alone. We strive for excellence in our work as we open our arms to those who are seeking guidance, support programs, information and, perhaps most importantly, hope and a trusted pathway that will help them navigate the uncertain waters that go hand-in-hand with a diagnosis of a serious disease.

### Ways we invest your contributions...

- Caregiver Groups & Training
- Men's Support Groups
- Coping Support Groups
- Qigong and Balance Classes
- Social & In-Home Respite
- Memory Screenings
- Dementia Friendly Community Initiative
- Project Lifesaver Tracking Bracelet & Guidance
- Community Education
- Movement Classes including Land & Sea, Tremble Clefs and Movin' and Groovin'
- Arts & Crafts Classes

*Thank you for your continued support!*

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*Every dollar you raise is invested locally to benefit families - our neighbors, friends and coworkers - affected by Alzheimer's or Parkinson's.*

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**Mission Statement**  
*Serving community residents with disorders affecting memory and movement by promoting quality of life and choice through advocacy, support, empowerment, education and research connections*

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